

WONDERFUL RAINBOW CHA

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Music: Over The Rainbow by the Columbia Ballroom Orchestra
From the CD album Let's Dance, Vol. 1: Invitation To Dance Party-
I Could Have Danced All Night
Available from iTunes Music Downloads

Rhythm/Phase: Cha Cha Phase IV

Music Speed: As downloaded

Footwork: Opposite throughout directions for M (and for W where noted).

Sequence: Introduction A B A B C Ending

..... INTRODUCTION (4 Measures)

BFLY POS FCNG PARTNER & WALL LEAD FEET FREE WAIT 2 MEAS;; CIRCLE AWAY 2
& A CHA; TOG 2 & A CHA BFLY WALL;

[1 & 2] In bfly pos fcng partner & wall with lead feet free wait 2 measures;; [3] Circling lf away from partner twd COH (W rf twd wall) fwd L, fwd R, fwd L/cl R, fwd L; [4] Continuing circle back to fc partner & wall in bfly pos fwd R, fwd L, fwd R/cl L, fwd R;

..... PART A (16 Measures)

FULL BASIC;; REV UNDERARM TURN; UNDERARM TURN; SHLDR TO SHLDR
TWICE;; FENCE LINE REV; SPOT TURN LOD BFLY; ALEMANA;; LARIAT;; NEW YKR
REV; SPOT TURN LOD BFLY; HAND TO HAND TWICE;;

[1 & 2] Fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R; [3] XLIF of right, rec R, sd L/cl R, sd L; (W commence lf turn XRIF of left under joined lead hands trng 1/2, continue turn rec L to fc partner, sd R/cl L, sd R;) [4] Bk R, rec L, sd R/cl L, sd R; (W commence rf turn 1/2 XLIF of right under joined lead hands, rec R complete rf turn to fc partner, sd L/cl R, sd L;) [5 & 6] From bfly pos fwd L to bfly sdcar, rec R to fc, sd L/cl R, sd L; Fwd R to bfly bjo, rec L to fc, sd R/cl L, sd R; [7] Twd RLOD cross lunge thru L with bent knee look direction of lunge, rec R trng to fc partner, sd L/cl R, sd L; [8] Twd LOD XRIF of left trng on crossing foot 1/2, rec L completing turn to fc partner, sd R/cl L, sd R blind bfly; [9 & 10] Fwd L, rec R, sd L/cl R, sd L leading W to turn rf; Bk R, rec L, sd R/cl L, sd R; (W bk R, rec L, sd R/cl L, sd R commence rf swivel; Continue rf turn under joined lead hands fwd L, continue rf turn fwd R, sd L/cl R, sd L;) [11 & 12] Step in place L, R, L/R, L; R, L, R/L, R; (W circle M clockwise with joined lead hands fwd R, fwd L, fwd R/cl L, fwd R; Fwd L, fwd R, fwd L/cl R trng to fc partner, sd L;) [13] Twd RLOD step thru L with straight leg trng to a side by side pos, rec R to fc partner, sd L/cl R, sd L; [14] Same as measure 8 above; [15 & 16] Cross L behind commence lf turn to a side by side pos, rec R to fc, sd L/cl R, sd L; Cross R behind commence rf turn to a side by side pos, rec L to fc, sd R/cl L, sd R;

..... PART B (8 Measures)

CHASE W/ DBL PEEK-A-BOO BLND BFLY;;; ;;;

[1 - 8] Fwd L trng 1/2 rf, rec R, fwd L/cl R, fwd L; Sd R look over left shldr, rec L, cl R/step in place L, step in place R; Sd L look over right shldr, rec R, cl L/step in place R, step in place L; Fwd R trng 1/2 lf, rec L, fwd R/cl L, fwd R; Sd L, rec R, cl L/step in place R, step in place L; Sd R, rec L, cl R/step in place L, step in place R; Fwd L, rec R, bk L/cl R, bk L; Bk R, rec L, fwd R/cl L, fwd R blind bfly pos fcng wall; (W bk R, rec L, fwd R/cl L, fwd R; Sd L, rec R, in place L/R, L; Sd R, rec L, in place R/L, R; Fwd L trng 1/2 rf, rec R, fwd L/cl R, fwd L; Sd R look over left shldr, rec L, in place R/L, R; Sd L look over right shldr, rec R, in place L/R, L; Fwd R trng 1/2 lf, rec L, fwd R/cl L, fwd R; Fwd L, rec R, bk L/cl R, bk L blind bfly pos;)

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..... PART C (8 Measures)

1/2 BASIC; FAN; HOCKEY STICK;; NEW YKR REV; SPOT TURN LOD BFLY;
CUCARACHA L & R;;

[1] Fwd L, rec R, sd L/cl R, sd L; [2] Bk R, rec L, sd R/cl L, sd R; (W fwd L, trng lf step sd & bk R making 1/4 lf turn, bk L/lock R in front, bk L leaving right extended forward with no weight;)
[3 & 4] Fwd L, rec R, step in place L/R, L; Bk R, rec L, fwd R/cl L, fwd R ending DRW; (W cl R, fwd L, fwd R/L, R; Fwd L, fwd R trng lf to fc partner, bk L/cl R, bk L on diag;) [5] Same as measure 13 of Part A; [6] Same as measure 8 of Part A; [7 & 8] In bfly pos sd L, rec R, cl L/step in place R, step in place L; Sd R, rec L, cl R/step in place L, step in place R;

..... ENDING (11 Measures)

FULL CHASE BFLY;;; 1/2 BASIC; FAN; ALEMANA;; 1/2 BASIC; AIDA LOD &
FREEZE;;

[1 - 4] Fwd L commence rf turn 1/2, rec fwd R, fwd L/cl R, fwd L; Fwd R commence lf turn 1/2, rec fwd L, fwd R/cl L, fwd R; Fwd L, rec R, bk L/cl R, bk L; Bk R, rec L, fwd R/cl L, fwd R bfly pos; (W bk R with no turn, rec L, fwd R/cl L, fwd R; Fwd L commence rf turn 1/2, rec fwd R, fwd L/cl R, fwd L; Fwd R commence lf turn 1/2, rec fwd L, fwd R/cl L, fwd R; Fwd L with no turn, rec R, bk L/cl R, bk L bfly pos;) [5] Same as measure 1 of Part C; [6] Same as measure 2 of Part C; [7 & 8] Fwd L, rec R, sd L/cl R, sd L leading W to turn rf; Bk R, rec L, sd R/cl L, sd R; (W cl R, fwd L, fwd R/fwd L, fwd R commence rf swivel to fc partner; Continue rf turn under joined lead hands fwd L, continue rf turn fwd R, sd L/cl R, sd L;) [9] Fwd L, rec R, sd L/cl R, sd L; {10 & 11} Twd LOD fwd R trng rf, sd L continue rf turn, bk R/lock L in front of right, bk R; Freeze;